

## Information For Dr. Momtazi's Skin Lesion/Cancer Patients

This page is designed to provide an overview of your skin cancer treatment.

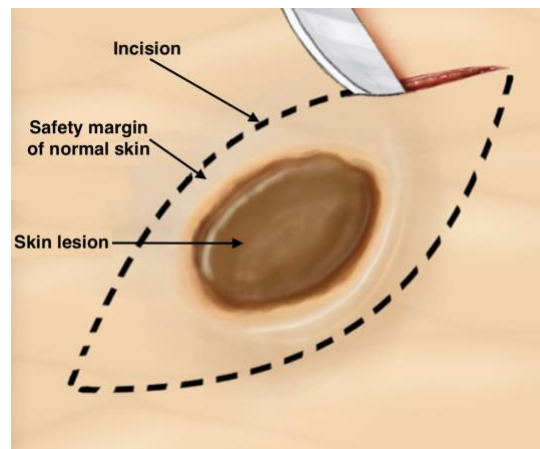
### Overview

- Skin cancer is an abnormal growth of cells in the skin
- Common types include basal cell carcinoma (BCC), squamous cell carcinoma (SCC) and melanoma
- Skin cancer excision is a treatment to remove these abnormal cells from your skin
- Most cases of these types of skin cancer can be cured if they are found and removed early
- If the skin cancer is not completely removed it can come back
- After your skin cancer is removed you will have a scar, which will fade with time

### Skin Lesion/Cancer Excision

- You do not need to fast before your procedure
- During your procedure, Dr. Momtazi will use local anesthetic to numb the area around your skin cancer

- Dr. Momtazi will then remove the skin lesion with a safety margin of normal skin around it
- The safety margin of normal skin depends on the type of skin lesion or skin cancer
- Dr. Momtazi will confirm the safety margin of normal skin with you
- All of the skin that is removed is sent to a lab where it is looked at under a microscope by a specialist
- This is done to confirm the diagnosis and/or that all of the skin cancer has been removed



- These results take two weeks and you will be contacted once they are completed
- Dr. Momtazi will close the area using stitches and will confirm if and when your stitches need to be removed
- The procedure takes about 30-45 minutes and you will go home afterwards
- Dr. Momtazi will provide you with comprehensive postoperative instructions to take home with you
- These instructions are designed to help you care for your reconstruction and obtain the best possible results
- It is safe to drive yourself home after your procedure

### Complications

- Common complications with this procedure include bleeding, infection and problems with wound healing

### Follow Up

- Dr. Momtazi will see you in follow up 1 or 2 weeks after your procedure; he will confirm this with you
- Follow up care is a key part of your skin cancer treatment and safety
- Be sure to come to all of your appointments and to call Dr. Momtazi's office if you are having any problems

### Questions

- If you have any questions about your skin cancer treatment, please call our office (613) 737-8899 ext. 73480
- We are available Monday to Friday from 8:00 AM to 3:00 PM

## Postoperative Instructions For Dr. Momtazi's Skin Lesion/Cancer Patients

Your skin cancer procedure is booked for \_\_\_\_\_

These instructions are designed to help you care for your reconstruction and obtain the best possible results.

### Dressings

- Please remove all dressings two days after your surgery; at this time, you should start daily showers
- Bruising and swelling to the area where you had surgery is completely normal and expected

### Showers

- Gently wash all of your skin, including the areas where you had your surgery, daily using mild soap and water
- Any soap is ok, but avoid fragrances
- It is safe to wash over your Steri-Strips (white stickers); it is ok if they get wet and fall off in the shower
- Do not use alcohol or peroxide to clean your skin
- After washing, pat all areas dry and leave open to air
- If you wish to cover the area, you may reapply a light gauze dressing
- Do not apply creams, moisturizers, oils, or other products on or near where you had your surgery

### Pain

- Pain to the area where you had your surgery is normal and expected; this should improve over several days
- If you have pain, start by taking BOTH Tylenol (acetaminophen) and Advil (ibuprofen) together, as ordered
- It is safe to take Tylenol (acetaminophen) and Advil (ibuprofen) at the same time (unless otherwise directed)
- If you continue to have pain, you can ADD the prescription pain medication ordered by your doctor
- It is safe to take Tylenol, Advil and prescription pain medication at the same time

### Activity

- No strenuous activity (nothing that will increase your blood pressure) for 2-4 weeks
- No lifting greater than 5 pounds for 2-4 weeks
- Activities such as showering, cooking and moving around your home are ok

### Follow up

- Dr. Momtazi will see you in follow up on \_\_\_\_\_

### Questions

- If you have questions about your skin lesion/cancer treatment, please call our office (613) 737-8899 ext. 73480
- We are available Monday to Friday from 8:00 AM to 3:00 PM

### Urgent concerns/emergencies

- For urgent or emergent concerns outside of regular office hours, please call (613) 737-8899
- Tell the operator that you are Dr. Momtazi's patient and ask to speak with the plastic surgeon on call



**DR. MOEIN MOMTAZI**